

Memory Jogger – Who to Invite to the Gratitude Movement

Your best prospects are already in your life! Use this list to spark ideas and start building your Invitation List.

Start Here: Your Inner Circle

- Immediate family (parents, siblings, children)
- Extended family (grandparents, aunts, uncles, nieces, nephews, cousins)
- Close friends
- Neighbors
- Co-workers (past and present)
- Business partners or colleagues

Next: People You Already Do Business With

- Insurance Agent
- Realtor
- Mortgage broker
- Car salesperson
- Accountant or tax professional
- Financial advisor
- Personal trainer
- Photographer
- Business Coach / Consultant
- Hairdresser or barber
- Massage Therapist
- Tattoo Artist
- Chiropractor
- Dentist
- Doctor
- Attorney
- Wedding & Event Planners
- Plumber
- Electrician
- Painter
- Interior Designer
- Homebuilder
- HVAC Technician
- Cleaning person
- Home repair people
- Small business owners
- Restaurant owner and servers
- Travel Agent

- Banker
- Network Marketers
- Banker
- Pet Groomer
- Veterinarian
- Music Teacher
- Lawn care / landscape provider
- Childcare provider
- Auto Mechanic

Look in Your Phone & Social Media

- Contacts in your phone
- Friends & followers on Facebook, Instagram, LinkedIn, TikTok
- Former classmates (high school, college, trade school)
- Former co-workers or professional connections
- People who engage with your posts regularly
- People in Facebook groups you're part of

Expand Your Reach

- Parents, Teacher & Coaches from your kids' school or activities
- Members of your church or faith group
- People from your gym, yoga, or fitness class
- Sports league teammates
- Members of local networking or business groups
- People you meet at conferences or community events
- Local business owners - restaurant owners, boutique owners, etc.
- Community leaders & influencers – city officials, Chamber of Commerce members, podcast hosts, social media influencers

Final Step: Keep Adding to Your List!

The more people you connect with, the more opportunities you create. Keep your list growing by adding new people you meet, reconnecting with old friends, and staying active in your community.